

10/11/20

*Questions for Reflection*

Each day this week, ponder the attributes in Philippians 4:8 and make your own list of what to set your mind on toward living in thanksgiving.

On Monday, meditate on whatever is true; Tuesday, whatever is honorable; Wednesday, just; Thursday, pure; Friday, pleasing; Saturday, commendable.

On Sunday, consider what is excellent and worthy of praise.

*Household Prayer: Morning*

On this new day, O God,  
I thank you for clean air that fills my lungs,  
for water to drink and stream over the rocks,  
for light that creates life and shines on my path,  
for soil that grows fruits and vegetables,  
fashions hills and valleys,  
and makes homes for creatures in burrows and trees.  
Let me see Earth today with gratitude  
and feast my senses on its beauty; in Jesus' name. Amen.

*Household Prayer: Evening*

As this day is ending and I lie down to sleep, gracious God,  
I thank you for this day.  
I am mindful of the work I have done,  
the tasks I have not yet accomplished,  
the moments of blessing between me and those  
with whom I shared some hours,  
the joys of friendship and family,  
and all the hopes I have for tomorrow.  
Give me good sleep and keep me safe; in Jesus' name. Amen.