

Questions for Reflection

Try to recall the first time in your life when you did not retreat in the face of opposition. How is your experience like that of the Syrophenician woman putting her case to Jesus? Where in your life today is that same courage calling you to speak out? What could you do this week to take steps in that direction?

Household Prayer: Morning

Holy God, I thank you for another day,
whether it brings the sort of happiness for which I always hope
or the challenges I sometimes fear.
Each day in your presence is a time
to notice the marvels of creation that surround me.
Help me to see them today
and to move gracefully from one hour to the next,
in the name of your holy and miraculous ways. Amen.

Household Prayer: Evening

Giver of all good things,
you have been at my side, beneath, above, and within me all day long,
and I thank you for your presence.
I thank you now, as well, that as I grow weary,
you have given me a place to lay my head.
Watch over all who sleep this night,
especially those who have no shelter.
Guard them and keep all your people in safety, in Jesus' name. Amen.